

GET UP

GET FIT

GET HEALTHY

**The Eritrean Community Center has organized
an all-day picnic for its members and their
friends**

When: SUNDAY AUG. 5, 2007 10:00 am - 6:00 pm

Activities: ONE MILE HEALTH WALK
VALLEYBALL, SOCCER, TAG OF WAR

Barbeque: PREPARED FOR YOUR TEST AND YOUR
HEALTH.

Where: HOPKINTON STATE PARK
IN HOPKINTON MASS.

**PLEASE BRING YOUR FAMILY & FRIENDS
DO NOT MISS THIS GREAT OUTING.**

This is part of "TAKE ACTION PROJECT"

Organized by: Eritrean Community Center (<http://www.eccboston.org>)

Sponsored by: Office of Disease Prevention & Health Promotion (ODPHP)
And Regional Health Administrators (www.healthierus.gov
www.osophs.dhhs.gov)

**FOR DIRECTION TO HOPKINTON STATE PARK PLEASE CONTACT:
Belai Tewolde at 617-427-1210 (ECC) or 617-833-3544 (Cell)**

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